

Shoes Approved by World Athletics - as at 08 October 2021



1. This list is primarily a list concerns shoes that which have been assessed by World Athletics to date.		
2. The assessment and whether a shoe is approved or not is determined by several different factors as set out in Technical Rule 5.		
3. The list is not a complete list of every shoe that has ever been worn by an athlete. If a shoe is not on the list, it can be because a manufacturer has failed to submit the shoe, it has not been approved or is an old model / shoe. Any shoe from before 1 January 2016 is deemed to meet the technical requirements of Technical Rule 5 and does not need to be approved unless requested This deemed approval does not prejudice the rights of World Athletics or Referees set out in the Rules and Regulations.		
4. Any shoe in the list highlighted in blue is a development shoe to be worn only by specific athletes at specific competitions within the period stated.		

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m ≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm	start date	end date
361 Degrees	Flame	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Adios 3	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios 4	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios 5	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios 6	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios Pro	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Adios Pro 2	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Boston 8	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Boston 9	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Boston 10	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Discus Hammer	YES	YES	YES	YES	YES	YES		
Adidas	Adizero Pro	NO	NO	NO	NO	YES	NO		
Adidas	Adizero RC 2	NO	YES	NO	NO	YES	YES		
Adidas	Adizero Shot Put	NO	NO	YES	NO	YES	NO		
Adidas	Adizero Sub 2	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 5	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 6	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 7	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 8	NO	NO	NO	NO	YES	NO	12/09/2021	11/09/2022
Adidas	Throwstar	YES	YES	YES	YES	YES	YES		
Altra Running	Vanish Prime	NO	NO	NO	NO	YES	NO	20/12/2020	01/12/2021

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Atreyu	The Artist / SKU: 2-ART	NO	NO	NO	NO	YES	NO		
Asics	DS-Trainer 25	NO	NO	NO	NO	YES	NO		
Asics	Evoride	NO	NO	NO	NO	YES	NO		
Asics	Freaks Japan	NO	NO	NO	NO	YES	NO		
Asics	Gel-Featherglide 5	NO	NO	NO	NO	YES	NO		
Asics	HT Japan	YES	YES	YES	YES	YES	YES		
Asics	Heat Throw	YES	YES	YES	YES	YES	YES		
Asics	Hyperspeed	NO	NO	NO	NO	YES	NO		
Asics	Hyper Throw 3	YES	YES	YES	YES	YES	YES		
Asics	Japan-AR	YES	YES	YES	YES	YES	YES		
Asics	Lyteracer 2	NO	NO	NO	NO	YES	NO		
Asics	Magic Speed	NO	NO	NO	NO	YES	NO		
Asics	Magicspeed	NO	NO	NO	NO	YES	NO		
Asics	Marathon EO Japan	NO	YES	NO	YES	YES	YES		
Asics	Marathon EO Seiha	NO	YES	NO	YES	YES	YES		
Asics	Marathon EO Seiha RP	NO	YES	NO	YES	YES	YES		
Asics	MetaRacer (Tokyo)	NO	NO	NO	NO	YES	NO		
Asics	Metaspeed Edge	NO	NO	NO	NO	YES	NO		
Asics	Metaspeed Sky	NO	NO	NO	NO	YES	NO		
Asics	Skysensor Japan	NO	NO	NO	NO	YES	NO		
Asics	Sortie Magic LT	NO	YES	NO	YES	YES	YES		
Asics	Sortie Magic LT 2	NO	YES	NO	YES	YES	YES		
Asics	Sortie Magic LT 2 Tenka	NO	YES	NO	YES	YES	YES		
Asics	Sortie Magic RP 5	NO	YES	NO	YES	YES	YES		
Asics	Sortie Magic RP 5 Tenka	NO	YES	NO	YES	YES	YES		
Asics	Sortiejapan	NO	YES	NO	YES	YES	YES		
Asics	Sortiejapan Seiha 2	NO	YES	NO	YES	YES	YES		
Asics	Tarther Japan	NO	NO	NO	NO	YES	NO		
Asics	Tarther RP	NO	NO	NO	NO	YES	NO		
Asics	Tartheredge 2	NO	NO	NO	NO	YES	NO		
Asics	Tarthherzeal 6	NO	NO	NO	NO	YES	NO		
Asics	Throw Pro 2	YES	YES	YES	YES	YES	YES		
Asics	Windsprint 2	YES	YES	YES	YES	YES	YES		
Brooks	Hyperion Elite 2	NO	NO	NO	NO	YES	NO		
Brooks	Hyperion Elite 3	NO	NO	NO	NO	YES	NO	05/04/2021	04/04/2022

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Decathlon/Kiprun	KD 900	NO	NO	NO	NO	YES	NO		
Decathlon/Kalanji	Kiprun Ultralight	YES	YES	YES	YES	YES	YES		
Descente	Delta TRI OP	YES	YES	YES	YES	YES	YES		
Descente	Genten RC	YES	YES	YES	YES	YES	YES		
Descente	Genten RC+	YES	YES	YES	YES	YES	YES		
Descente	Genten-EL	YES	YES	YES	YES	YES	YES		
Descente	Genten-EL+	YES	YES	YES	YES	YES	YES		
Descente	Genten-ST	NO	YES	NO	YES	YES	YES		
Descente	V-Lite	NO	YES	NO	YES	YES	YES		
HokaONEone	Bondi 7	NO	NO	NO	NO	YES	NO		
HokaONEone	Carbon X	NO	NO	NO	NO	YES	NO		
HokaONEone	Carbon X2	NO	NO	NO	NO	YES	NO		
HokaONEone	Clifton 7	NO	YES	NO	YES	YES	YES		
HokaONEone	Evo Carbon Rocket	NO	YES	NO	YES	YES	YES		
HokaONEone	Evo Rehi	YES	YES	YES	YES	YES	YES		
HokaONEone	Mach 3	YES	YES	YES	YES	YES	YES		
HokaONEone	Mach 4	NO	YES	NO	YES	YES	YES		
HokaONEone	Rincon 2	NO	YES	NO	YES	YES	YES		
HokaONEone	Rincon 3	NO	NO	NO	NO	YES	NO		
HokaONEone	Rocket X	NO	NO	NO	NO	YES	NO		
HokaONEone	Tracer 2	YES	YES	YES	YES	YES	YES		
Joma	R.5000	NO	YES	NO	YES	YES	YES		
Li-Ning Company	Feidian	NO	YES	NO	YES	YES	YES		
Li-Ning Company	Feidian 2.0	NO	NO	NO	NO	YES	NO		
Li-Ning Company	Feidian 2.0 Elite	NO	NO	NO	NO	YES	NO		
Li-Ning Company	Feidian Challenger	NO	NO	NO	NO	YES	NO		
Mizuno	2016 Field Geo Ft	YES	YES	YES	YES	YES	YES		
Mizuno	2019 Field Geo Rd	YES	YES	YES	YES	YES	YES		
Mizuno	2019 Field Geo Rd So1	YES	YES	YES	YES	YES	YES		
Mizuno	2019 Field Geo Th	YES	YES	YES	YES	YES	YES		
Mizuno	Duel Sonic	NO	NO	NO	NO	YES	NO		
Mizuno	Ekiden Spirit	YES	YES	YES	YES	YES	YES		
Mizuno	JJ-25	NO	YES	NO	NO	YES	YES	06/05/2021	05/05/2022
Mizuno	JJ-40	NO	NO	NO	NO	YES	NO	19/09/2021	18/09/2022

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Mizuno	RL-40	NO	NO	NO	NO	YES	NO	14/11/2021	13/11/2022
Mizuno	Wave Aero	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Amulet	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Cruise Japan	YES	YES	YES	YES	YES	YES		
Mizuno	Wave Cruise Japan So1	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Cruise Pro	YES	YES	YES	YES	YES	YES		
Mizuno	Wave Duel	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Duel 3	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Gtz	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Gtz2	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Neo	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Duel Neo Sp	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Duel Neo 2	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Neo 2 Elite	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Ekiden	YES	YES	YES	YES	YES	YES		
Mizuno	Wave Emperor	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Emperor Japan	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Idaten CB	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Rebellion	NO	NO	NO	NO	YES	NO	09/05/2021	08/05/2022
Mizuno	Wave Sonic	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Sonic 2	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Spacer Gl	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Spacer Gl So1	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Spacer Gl So2	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Spacer Gl So3	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Spacer Gl So4	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Zone Power	YES	YES	YES	YES	YES	YES		
New Balance	1400v6	NO	NO	NO	NO	YES	NO		
New Balance	1500v4 w1500v4	NO	NO	NO	NO	YES	NO		
New Balance	1500v6	NO	YES	NO	YES	YES	YES		
New Balance	FuelCell 5280	NO	YES	NO	YES	YES	YES		
New Balance	FuelCell Prism	NO	NO	NO	NO	YES	NO		
New Balance	FuelCell Racer TC	NO	NO	NO	NO	YES	NO		
New Balance	FuelCell Racer VIP	NO	NO	NO	NO	YES	NO		
New Balance	FuelCell RC Elite	NO	NO	NO	NO	YES	NO		
New Balance	FuelCell RC Elite v2	NO	NO	NO	NO	YES	NO		
New Balance	Hanzo R v3	NO	YES	NO	YES	YES	YES		
New Balance	Hanzo R v4	NO	YES	NO	YES	YES	YES		

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
New Balance	Hanzo W v1	NO	YES	NO	YES	YES	YES		
New Balance	Hanzo W v2	NO	YES	NO	YES	YES	YES		
Newfeel/Decathlon	RW500	YES	YES	YES	YES	YES	YES		
Newfeel/Decathlon	RW900 V 1	YES	YES	YES	YES	YES	YES		
Newfeel/Decathlon	RW900 V 2	YES	YES	YES	YES	YES	YES		
Nike	Air Zoom Alphafly Next %	NO	NO	NO	NO	YES	NO		
Nike	Dev18240	NO	NO	NO	NO	YES	NO	10/10/2021	09/10/2022
Nike	Pegasus Turbo 2	NO	NO	NO	NO	YES	NO		
Nike	Vaporfly 4%	NO	NO	NO	NO	YES	NO		
Nike	Zoom Fly 3	NO	NO	NO	NO	YES	NO		
Nike	Zoom Gravity	NO	NO	NO	NO	YES	NO		
Nike	Zoom Rival SD	YES	YES	YES	YES	YES	YES		
Nike	Zoom Rotational	YES	YES	YES	YES	YES	YES		
Nike	Zoom SD 3	YES	YES	YES	YES	YES	YES		
Nike	Zoom SD 4	YES	YES	YES	YES	YES	YES		
Nike	Zoom Streak 6	NO	NO	NO	NO	YES	NO		
Nike	Zoom Streak 7	NO	NO	NO	NO	YES	NO		
Nike	Zoom Streak LT 3	NO	YES	NO	YES	YES	YES		
Nike	Zoom Streak LT 4	NO	YES	NO	YES	YES	YES		
Nike	ZoomX Streakfly	NO	NO	NO	NO	YES	NO	14/02/2021	13/02/2022
Nike	ZoomX Vaporfly Next %	NO	NO	NO	NO	YES	NO		
Nike	ZoomX Vaporfly Next % 2	NO	NO	NO	NO	YES	NO		
ON	Cloudboom	NO	NO	NO	NO	YES	NO		
ON	Cloudboom Echo	NO	NO	NO	NO	YES	NO		
ON	Cloudflash	NO	YES	NO	YES	YES	YES		
ON	CloudX	YES	YES	YES	YES	YES	YES		
Puma	Deviate Nitro	NO	NO	NO	NO	YES	NO		
Puma	Deviate Nitro Elite	NO	NO	NO	NO	YES	NO		
Puma	Deviate Nitro Ion	NO	NO	NO	NO	YES	NO		
Puma	Eternity Nitro	NO	NO	NO	NO	YES	NO		
Puma	evoSpeed Throw	YES	YES	YES	YES	YES	YES		
Puma	Liberate Nitro	NO	NO	NO	NO	YES	NO		
Puma	Speed 100 R Ignite 2	NO	YES	NO	YES	YES	YES		
Puma	Speed 300 Racer 2	NO	YES	NO	YES	YES	YES		
Puma	Speed 500	NO	YES	NO	YES	YES	YES		

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Puma	Speed 600 2	NO	NO	NO	NO	YES	NO		
Puma	Speed Sutamina	NO	NO	NO	NO	YES	NO		
Puma	UltraRide	NO	NO	NO	NO	YES	NO		
Puma	Velocity Nitro	NO	NO	NO	NO	YES	NO		
Reshod	Coach Carmen RW Shoe/R15094	YES	YES	YES	YES	YES	YES		
Reshod	Pushover RW Shoe/C15094	YES	YES	YES	YES	YES	YES		
Salomon	S/LAB Phantasm	YES	YES	YES	YES	YES	YES		
Saucony	Endorphin Pro	NO	NO	NO	NO	YES	NO		
Saucony	Endorphin Pro 2	NO	NO	NO	NO	YES	NO		
Saucony	Endorphin Pro+	NO	NO	NO	NO	YES	NO		
Saucony	Endorphin Shift	NO	NO	NO	NO	YES	NO		
Saucony	Endorphin Shift 2	NO	NO	NO	NO	YES	NO		
Saucony	Endorphin Speed	NO	NO	NO	NO	YES	NO		
Saucony	Endorphin Speed 2	NO	NO	NO	NO	YES	NO		
Saucony	Fastwitch 9	YES	YES	YES	YES	YES	YES		
Saucony	Fastwitch 9 MH 2	YES	YES	YES	YES	YES	YES		
Saucony	Freedom ISO	NO	NO	NO	NO	YES	NO		
Saucony	Kinvara 12	NO	NO	NO	NO	YES	NO		
Saucony	Ride ISO	NO	NO	NO	NO	YES	NO		
Saucony	Type A8	YES	YES	YES	YES	YES	YES		
Saucony	Type A9	YES	YES	YES	YES	YES	YES		
Scott Sports	Pursuit/287830	NO	NO	NO	NO	YES	NO		
Scott Sports	Speed Carbon RC/287828	NO	NO	NO	NO	YES	NO		
Skechers	Speed 6	YES	YES	YES	YES	YES	YES		
Skechers	Speed Elite	NO	YES	NO	YES	YES	YES		
Techlete	70 Meter Ambitions	YES	YES	YES	NO	YES	YES		
Under Armour	Centric Grip / 3021862	YES	YES	YES	YES	YES	YES		
Under Armour	Flow Lightspeed	NO	NO	NO	NO	YES	NO	18/06/2021	17/06/2022
Under Armour	Lightspeed 2	NO	NO	NO	NO	YES	NO	09/10/2021	08/10/2022
Under Armour	Velociti Elite / 3020348	NO	NO	NO	NO	YES	NO	21/04/2021	20/04/2022
Under Armour	Velociti Racer / 3020348	YES	YES	YES	YES	YES	YES		
Under Armour	Velociti Wind / 302545	NO	YES	NO	YES	YES	YES		

SPIKE SHOES

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		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Adidas	Adizero Ambition	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Ambition 2	YES	YES	NO	NO	n/a	YES		
Adidas	Adizero Avanti	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Avanti TYO	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Finesse	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero High Jump	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Javelin	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero LJ	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Prime sp	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero TJ	YES	YES	YES	YES	n/a	YES		
Adidas	Rio Adizero MD	YES	YES	YES	YES	n/a	YES		
Asics	Cosmoracer LD 2	YES	YES	YES	YES	n/a	YES		
Asics	Cosmoracer MD 2	YES	YES	YES	YES	n/a	YES		
Asics	Cyberblade 16	YES	YES	NO	NO	n/a	YES		
Asics	Cyberblade HF	YES	YES	NO	NO	n/a	YES		
Asics	D Spurt FX	YES	YES	YES	YES	n/a	YES		
Asics	Duo Japan	YES	YES	YES	YES	n/a	YES		
Asics	Effort MK	YES	YES	YES	YES	n/a	YES		
Asics	Gun Lap 2	YES	YES	YES	YES	n/a	YES		
Asics	Heatflat FR 7	YES	YES	YES	YES	n/a	YES		
Asics	Heat Fly	YES	YES	YES	YES	n/a	YES		
Asics	Heatsprint FR 8	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro (L)	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro (R)	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro 2 (L)	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro 2 (R)	YES	YES	YES	YES	n/a	YES		
Asics	Hyper LD 6	YES	YES	YES	YES	n/a	YES		
Asics	Hyper MD 7	YES	YES	YES	YES	n/a	YES		
Asics	Hypersprint 7	YES	YES	YES	YES	n/a	YES		
Asics	Japan Arch	YES	YES	YES	YES	n/a	YES		
Asics	Javelin Pro 2	YES	YES	YES	YES	n/a	YES		
Asics	Javelin Pro 3	YES	YES	YES	YES	n/a	YES		
Asics	Jet Sprint	YES	YES	NO	NO	n/a	YES		
Asics	Jet Sprint 2	YES	YES	NO	NO	n/a	YES		
Asics	Jet Sprint (KY)	YES	YES	NO	NO	n/a	YES		
Asics	Long Jump Pro	YES	YES	YES	YES	n/a	YES		
Asics	Long Jump Pro 2	YES	YES	YES	YES	n/a	YES		

SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Asics	Long Jump Pro 3	YES	YES	YES	YES	n/a	YES		
Asics	Metaspeed LD 0	NO	YES	NO	NO	n/a	YES		
Asics	Metasprint Tokyo	YES	YES	YES	YES	n/a	YES		
Asics	Sonicsprint Elite	YES	YES	NO	NO	n/a	YES		
Asics	Sonicsprint Elite 2	YES	YES	NO	NO	n/a	YES		
Asics	SP Blade 9	YES	YES	NO	NO	n/a	YES		
Asics	SP Blade SF 2	YES	YES	NO	NO	n/a	YES		
Asics	TF Spike SO (BD)	YES	YES	NO	NO	n/a	YES		
Asics	TF Spike SO (JP)	YES	YES	YES	YES	n/a	YES		
Asics	TF Spike SO (RY)	YES	YES	NO	NO	n/a	YES		
Asics	Triple Jump Pro	YES	YES	YES	YES	n/a	YES		
Asics	Triple Jump Pro 2	YES	YES	YES	YES	n/a	YES		
Asics	Triple Jump Pro 3	NO	YES	NO	YES	n/a	YES		
Brooks	ELMN8 5	YES	YES	YES	YES	n/a	YES		
Brooks	ELMN8 6	YES	YES	YES	YES	n/a	YES		
Brooks	WIRE 6	YES	YES	NO	NO	n/a	YES		
Brooks	WIRE 7	NO	YES	NO	NO	n/a	YES		
HokaONeOne	Cielo LD	YES	YES	YES	YES	n/a	YES		
HokaONeOne	Cielo MD	YES	YES	YES	YES	n/a	YES		
HokaONeOne	Rocket LD	YES	YES	YES	YES	n/a	YES		
HokaONeOne	Rocket MD	YES	YES	YES	YES	n/a	YES		
HokaONeOne	Speed Evo R	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Spectra Type F	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Javelin Throw Pro1 So1	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Javelin Throw Pro2 So2	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Javelin Throw Pro3 So3	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Javelin Throw Pro4 So4	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Spectra Type E	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Aj	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Jt	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Field Geo Jt So1	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Field Geo Lj	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Lj S02	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Lj S03	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Long Jump Pro1 S01	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Spectra Type B (21SS Type B)	YES	YES	YES	YES	n/a	YES		

SPIKE SHOES

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		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Mizuno	2019 Spectra Type D	YES	YES	YES	YES	n/a	YES		
Mizuno	Break Sprint	YES	YES	YES	YES	n/a	YES		
Mizuno	Brave Wing FX	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Break	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Break SO1	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Break SO2	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Dist 7	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Onyx 2	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono INX9	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono INX9 SO1	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono INX9 SO2	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono INX9 SO3	YES	YES	YES	YES	n/a	YES		
Mizuno	Citius Wing Fx	YES	YES	YES	YES	n/a	YES		
Mizuno	DIST Special	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo Hj	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo Hj S01	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo HJ-C	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo JT-C	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo LJ-C	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Cyclone	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Silencer Fx	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Sprint 4	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Spurt Md	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Versus Fx	YES	YES	YES	YES	n/a	YES		
Mizuno	INX Break	YES	YES	YES	YES	n/a	YES		
Mizuno	INX Silencer	YES	YES	YES	YES	n/a	YES		
Mizuno	INX Sniper	YES	YES	YES	YES	n/a	YES		
Mizuno	INX Sprint	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type A	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type C	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type A So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type E So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type A	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type A So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type B	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type B So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type B So2	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type A So2	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Spike X	YES	YES	YES	YES	n/a	YES	11/09/2021	10/09/2022

SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Mizuno	X Blast Elite	YES	YES	YES	YES	n/a	YES		
Mizuno	X Blast Next	YES	YES	YES	YES	n/a	YES		
Mizuno	X Laser Elite	YES	YES	YES	YES	n/a	YES		
Mizuno	X Laser Next	YES	YES	YES	YES	n/a	YES		
New Balance	FuelCell MD-X	YES	YES	NO	NO	n/a	YES		
New Balance	FuelCell PWR-X	YES	YES	NO	NO	n/a	YES		
New Balance	FuelCell Sigma SD-X	YES	YES	NO	NO	n/a	YES		
New Balance	FuelCell SuperComp LD-X	NO	YES	NO	YES	n/a	YES		
New Balance	FuelCell SuperComp PWR-X	YES	YES	NO	NO	n/a	YES		
New Balance	LD5K	YES	YES	YES	YES	n/a	YES		
New Balance	MD500	YES	YES	YES	YES	n/a	YES		
New Balance	MD800	YES	YES	YES	YES	n/a	YES		
New Balance	SD100	YES	YES	YES	YES	n/a	YES		
New Balance	SD200	YES	YES	NO	NO	n/a	YES		
New Balance	SD400	YES	YES	NO	NO	n/a	YES		
New Balance	Sigma Aria	YES	YES	NO	NO	n/a	YES		
New Balance	Sigma Harmony	YES	YES	NO	NO	n/a	YES		
New Balance	Vazee Sigma	YES	YES	NO	NO	n/a	YES		
New Balance	Vazee Verge	YES	YES	NO	NO	n/a	YES		
New Balance	ULDELRCX	YES	YES	YES	YES	n/a	YES		
Nike	Air Zoom Maxfly	YES	YES	NO	NO	n/a	YES		
Nike	Air Zoom Victory	YES	YES	YES	YES	n/a	YES		
Nike	High Jump Elite	YES	YES	YES	YES	n/a	YES		
Nike	LJ 4	YES	YES	YES	YES	n/a	YES		
Nike	LJ Elite	YES	YES	YES	YES	n/a	YES		
Nike	Matumbo	YES	YES	YES	YES	n/a	YES		
Nike	Pole Vault Elite	YES	YES	YES	YES	n/a	YES		
Nike	Spike-Flat 2020	NO	YES	NO	YES	n/a	YES		
Nike	Triple Jump Elite	YES	YES	YES	YES	n/a	YES		
Nike	Triple Jump Elite 2	NO	YES	NO	YES	n/a	YES		
Nike	Zoom 400	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Ja Fly	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Ja Fly 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Javelin Elite 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Mamba V	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Rival D 10	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Rival M 9	YES	YES	YES	YES	n/a	YES		

SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Nike	Zoom Rival S 9	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Superfly Elite	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Superfly Elite 2	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Superfly R 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory 2	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory Elite	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory Elite 2	YES	YES	YES	YES	n/a	YES		
Nike	ZoomX Dragonfly	YES	YES	YES	YES	n/a	YES		
ON	Cloudspike Shinka	YES	YES	YES	YES	n/a	YES		
ON	Cloudspike tohka	YES	YES	YES	YES	n/a	YES		
Puma	1evoSpeed Tokyo Future Mid	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Complete TFX Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Crossfox	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Distance	YES	YES	YES	YES	n/a	YES		
Puma	evopSpeed Distance Nitro Elite+	YES	YES	NO	NO	n/a	YES	05/05/2021	04/05/2022
Puma	evoSpeed Electric	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Haraka	NO	YES	NO	YES	n/a	YES		
Puma	evoSpeed High Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed High Jump Elite	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed High Jump Power	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Javelin	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Javelin Elite	YES	YES	YES	YES	n/a	YES		
Puma	evospeed LJ	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Mid-Distance	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Sprint	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Sprint TFX	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Tokyo Brush	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Brush Mid	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Future	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Future Faster+	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Tokyo Future Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Future Nitro Faster+	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Tokyo Nitro	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Tokyo Nitro Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Triple Jump	NO	YES	NO	YES	n/a	YES		
Puma	evoSpeed Triple Jump Power	YES	YES	YES	YES	n/a	YES		

SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Reebok	RTBC Racer 1	YES	YES	NO	NO	n/a	YES		
Reebok	RTBC Racer 2	YES	YES	NO	NO	n/a	YES		
Saucony	Endorphin 3	YES	YES	YES	YES	n/a	YES		
Saucony	Endorphin 3 Max	YES	YES	YES	YES	n/a	YES	18/06/2021	17/06/2022
Saucony	Endorphin Track	NO	YES	NO	NO	n/a	YES	29/05/2021	20/05/2022
Saucony	Spitfire	YES	YES	YES	YES	n/a	YES		
SAYSH	Spike One	YES	YES	YES	YES	n/a	YES		
Skechers	Speed Freak	YES	YES	YES	YES	n/a	YES	30/11/2020	30/11/2021
Under Armour	Hovr Miler 3 / 3023397	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Shakedown / 3021831	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Silencer / 3022517	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Skyline HJ / 3022518	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Skyline LJ / 3021863	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Skyline TJ / 3021864	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Smokerider / 3021831	YES	YES	YES	YES	n/a	YES		
Under Armour	Kick Distance 3 / 3022003	YES	YES	YES	YES	n/a	YES		
Under Armour	Kick Sprint 3 / 3022002	YES	YES	YES	YES	n/a	YES		
Under Armour	Speedform Miler 2 / 3000020	YES	YES	YES	YES	n/a	YES		
Under Armour	Sprint Pro 2 / 3000019	YES	YES	YES	YES	n/a	YES		
Under Armour	Sprint Pro 3 / 3022516	YES	YES	YES	YES	n/a	YES		